

June 2019

Dear Parents/Carers,

Motivational PUSH Talks – 2nd July 2019

Outwood Academy Adwick is pleased to announce that Moj Taylor from PUSH will be giving motivational and inspirational PUSH talks to our Year 9 and 10 students.

Each year the PUSH team visit hundreds of schools and colleges to deliver sessions that inspire, engage and inform young people. Their aim is to help students make informed decisions about their future, encouraging them to use their skills and resources to make their choices a reality. PUSH offer engaging study skills workshops that encourage students to be deeply motivated and inspired. As well as being entertaining, their speakers' humour and storytelling is backed up with nearly 25 years of research and deep expertise into higher education and careers.

The following PUSH talks have been arranged for our students:

Tuesday 2nd July, Year 9 Period 1

Employability: exploring the 'drivers' and rewards behind why people in the world love their jobs and don't think of them as such...but a hobby they get paid to do. PUSH will explore what it means to 'do what you love, and love what you do', looking at how students can find their passion in life. In this talk, PUSH make employability relevant, fun and accessible, exploring how to build desirable ingredients so that students become rounded, via their in-school and out-of-school experiences. PUSH will focus on soft skills, hard skills, knowledge, attitude, personality and behaviours etc.

Tuesday 2nd July, Year 10 Period 2

Study Skills: an exploration into how the brain forms memories and how to effectively recall them under pressure. PUSH explore what techniques help the brain function effectively (growth mind-set and metacognition) incorporating sleep, mental health and mindfulness into effective learning. The objective is for students to be excited by learning, not scared, motivating them to find out what type of learner they are. PUSH also incorporate how to cope in an exam (and prep for it) and look at various revision techniques.

We hope that our students find these PUSH talks extremely inspiring.
Thank you for your support.

The Careers and HeppSY Team,
Outwood Academy Adwick