

Dear parent/carer,

We have an exciting event planned in the academy next Thursday 25th April. We will be welcoming Luke Ambler who is a former professional rugby player, dad, entrepreneur, award-winning mental health campaigner, charity chairman, and motivational speaker. Luke is also the founder of Andy's Man Club which is a men's suicide prevention charity, offering free-to-attend peer-to-peer support groups across the United Kingdom and online. Luke believes everyone has potential. Some just don't realise it, believe it enough or need it coaxing out of them. Luke's visit to Adwick will be focused on the above beliefs, personal development and improving mental health.

Our full Year 13, 12, & 10 cohorts will experience a full length talk from Luke in the form of an assembly in one of their lessons throughout the day and Year 11's will experience a shorter talk in their normal assembly. Y11 will also have the opportunity to sign up for an over-lunch, smaller group session where lunch will be provided. Year 7, 8 & 9 also have the opportunity to sign up for a talk with Luke, however there are limited spaces for this engagement and these will be offered on a first come, first served basis. Finally, we are delighted to offer a talk which is open for parents/carers to sign up for at the end of the school day from 2:45pm-3:30pm (the content of this talk will only be suitable for adults which means children of any ages are not permitted). All sign up information is at the bottom of this letter.

A bit more about what Luke will bring to our academy is included on the attached PDF document and you can also find further information about him on his website <https://lukeambler.co.uk/>.

We hope everyone enjoys the above talks from Luke and we will look forward to sharing feedback about the event with you in our next newsletter.

Please follow the links below to sign up for the above mentioned opportunities, sign ups will close at 9pm on Monday 22nd April.

Year 11:

<https://forms.gle/YkvHVMnrhivfNzGD8>

Year 7, 8 & 9:

<https://forms.gle/GfdBbVbv3pqBq84h6>

Parents/carers:

<https://forms.gle/o9zWwxNdiuCXZ1GE6>

Yours faithfully,



Mrs J Gregory

Associate Vice Principal