

#HelloYellow

YOUNGMINDS

Dear Parents and Carers,

We are writing to let you know that Outwood Academy Adwick is taking part in #HelloYellow on 10 October 2022 this World Mental Health Day.

The number of young people in need of mental health support is growing faster than ever – with a record breaking 420,000 young people being treated for mental health problems every month. Most young people aren't getting the help they need, and this can't go on.

That's why this year #HelloYellow is more important than ever. We need to make sure young people know that how they feel matters and they deserve to feel supported. **We couldn't not get involved.**

We'll be joining thousands of other schools by wearing something yellow to show young people that how they feel matters. To take part, students can wear yellow socks, a headband or a bobble to school on 10 October, and we ask parents and carers to consider making a donation to YoungMinds.

We're confident that taking part in #HelloYellow will show our young people that they're not alone with their mental health. **Together, we can create a brighter future for children and young people.**

Kind regards,

Mrs S Richardson

Associate Assistant Principal/ Designated Safeguarding Lead

Go the extra mile and encourage your workplace to take part in #HelloYellow 2022 on 10 October. You can email [helloyellow@fundraising.org.uk](mailto:helloyellow@fundraising.org.uk) for more details.

THIS  
MATTERS

JOIN  
THE FUN

MY FEELINGS  
MATTER

[youngminds.org.uk](http://youngminds.org.uk)